

# THE SCIENCE OF BUILDING HOPE

*An Evidence-Based Model:*

## ENGAGEMENT

1

Outreach staff find youth experiencing homelessness in the community—then share information about Star House services and explain how to access and/or refer someone.

When a new youth arrives, we work to eliminate barriers to service. Youth are oriented with a tour, and empowered to access services when and how they choose.

2

## ACCEPTANCE

## BASIC NEEDS

3

Pursuing stability becomes possible after providing a safe respite and basic needs. Free of charge or contingency, youth have access to food, clothing, showers, laundry and more.

Star House's Youth Advocates are trauma-informed and the first essential connection to building trust that allows youth to make progress.

4

## TRUST

## HEALING

5

Star House's clinical therapists and coaches provide case management to connect youth with stabilizing resources and therapy to address issues such as PTSD and substance abuse.

A wide variety of service partners provide on-site and community-based connections to stabilizing resources such as housing, employment, health care, education and legal services.

6

## COMMUNITY

## THRIVING

7

Through proven and promising programs, Star House provides the four pillars of stability—Housing, Employment, Health & Well-being, and Community—in a safe, welcoming environment.



**Star House**